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To Whom It Concerns:

I am writing to inform you that we provide free health and wellness lunch n' learn presentations to Central PA employers. We started Central PA Workplace Wellness to assist area employers to educate their employees about wellness in a fun and informative way.

We have a limited number of presentations available every quarter so if you are interested, please contact us as soon as possible to schedule your next wellness event. Attached is a brochure with our most popular topics. Please send me a return email or return the attached fax form. Please list your choice of topic(s) and 2 potential dates that would work for your company.

Thank you,

Dr. Kayla Madeira Miller, D.C

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